

PROGRAM TYPE	DESCRIPTION	BALANCED APPROACH COMPONENT	SAMPLE SERVICES	RISK LEVEL	RATIONALE
Day Reporting	Structured and treatment activities provided during or after regular school hours or during curfew periods when juveniles are at high risk of offending.	Public Safety Competency	<ul style="list-style-type: none"> • Behavioral management • Counseling and crisis intervention • Academic support • Employment skill enhancements 	High Moderate	National research indicates that juveniles engaged in structured activities, especially during high-risk hours, are less likely to re-offend or to become involved with the juvenile justice system.
Detention Alternatives	Programs that alleviate overcrowding in detention homes and assure the juvenile's presence in court.	Public Safety	<ul style="list-style-type: none"> • Shelter care • Outreach detention • Electronic monitoring • Voice verification • Intensive surveillance • House arrest 	High Moderate	Virginia's statutory policy requires that juveniles before the court should be held in the least restrictive environment consistent with public safety.
Residential Treatment	Programs providing housing, supervision, counseling services, and educational programming in non-secure settings to include emergency and long-term court-ordered placements.	Public Safety Competency	<ul style="list-style-type: none"> • Residential care • 24 hr. supervision • Individual, family, and group counseling • Assessments • Life skills training • Educational support 	High Moderate	Many of Virginia's juveniles before the court have significant behavioral problems that cannot be successfully dealt with in their home environment, thus resulting in delinquent behavior in the community. These youth are considered a non-mandated population for CSA funding.
Non-residential Treatment	Counseling and treatment services to juveniles and their families to prevent out-of-home placements and deter further involvement with the juvenile justice system.	Public Safety Competency	<ul style="list-style-type: none"> • Individual, family, and group treatment • In-home services • Case management • Substance abuse treatment • Sex offender treatment 	High Moderate Low	Adolescents are not a mandated population in Virginia's community mental health system. Over 60 % of all DJJ commitments in FY00 had a designated mental health need. Research shows this program to be effective for reducing recidivism.

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Assessment	Provide information to the court or probation officer in order to make appropriate dispositions and referrals.	Public Safety Accountability Competency	<ul style="list-style-type: none"> • Mental health assessment • Substance abuse assessment • Sex offender assessment • Community assessment center • First-time offender assessment 	High Moderate Low	Early and accurate assessment of mental health, substance abuse, and educational problems (often correlated with delinquency) reduces the likelihood that juveniles will become chronic offenders. Further, appropriate referrals based on accurate assessment of needs allows for more efficient use of scarce resources.
Accountability	Programs that provide sanctions and hold juveniles accountable for their behavior.	Accountability	<ul style="list-style-type: none"> • Community service • Restitution • Family/community conferences • Impact of crimes • Victim impact • Restorative justice 	Moderate Low	Effective interventions with adolescents require them to accept responsibility for their behavior and actively work to restore loss to victims and the community.
Competency Enhancement	Improving juvenile's behavior and family functioning through the exposure to information and provision of skill development.	Competency Accountability	<ul style="list-style-type: none"> • Parenting education • Anger management • Law-related education • Alternative conflict resolution • Life skills groups 	High Moderate Low	National research supports delinquents' need to be involved in constructive competency building while under adult supervision. This program enables them to develop internal controls, form commitments to positive peers and organizations, and strengthen interpersonal skills.